

In this newsletter you can find information about the latest happenings in the club.

- President's Report: The Year Ahead
- Courses and Activities
- Events & Guest Speakers
- Collaborations in Progress
- Committee & Volunteers
- A bit of a Laugh

The Year Ahead

Face-to-Face classes are resuming in Term 2, in the week beginning 19 April 2021. Hooray!

We have had a successful commencement to the year. A diverse range of online courses have been delivered, whilst plans were being finalised for the return to face-to-face activities in Term 2.

The Committee of Management has developed a COVID-SAFE plan and guidelines for its implementation. This was ratified at the Committee meeting on 9 March 2021 and the tutors/group leaders met on Thursday 25 March to discuss the procedures to be implemented to keep us safe. The Plan has been emailed or posted to all members this week.

By attending any face-to-face activity with the club, it is implicit that you have read and agree to abide by the safety requirements of the Plan.

I would like to thank Bernadette, Beris, Ron and Leigh for the enormous amount of effort put into developing the Plan and briefing our group leaders.

The Committee would like to acknowledge the support we are receiving from the following venues, where we will be holding activities this term.

- Sunbury Football club
- Hume Council: Sunbury Senior Citizens Club and Sunbury Community Centre (Sunbury Neighbourhood House)
- Sunbury Art Society (Boilerhouse)
- Dulap Wilim Hub

I look forward to another exciting term of diverse activities, and hope to see you again soon!

Jill Dyson, President.



Our recent Zoom Quiz

Courses and Activities plans

We would like to congratulate our tutors/group leaders who have written and presented courses and activities online in 2020 and continue to do so this year. They have put in an enormous number of hours into developing these outstanding, diverse and informative courses.

If you have a passion for a particular area, even if you are a keen amateur, we would love to hear from you as a potential Leader.

Term 2 Courses online on Zoom

- Ins and Outs of Breathing (in progress)
- Hume Libraries Bookends Book Group
- What makes a good film?
- Happy Bookers Book club
- Happy Hour on Fridays

Term 2 face-to-face courses

- Art for Fun
- Bridge
- Family History
- Canasta
- Practical Astronomy
- Mah-jong (Western - tbc)
- Tackling Technology Together
- Multiculturalism
- Square dancing
- Wednesday Walkers
- French conversation
- Healing Yoga
- Chinese Mah-jong
- New Vogue and Ballroom dancing
- Exploring Drawing
- French Beginners

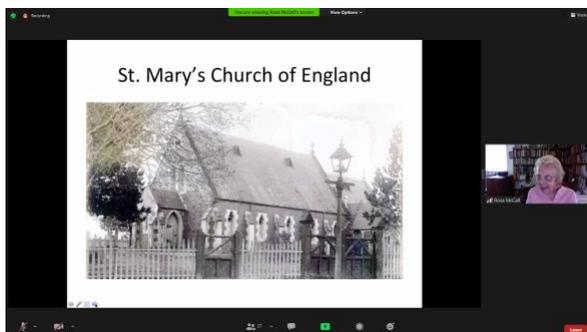
As outlined in the Covid-Safe Plan, all enrolments for courses and events are to be done online. Face-to-face offerings will be opened for enrolment shortly when venues and courses are fully confirmed.

Other courses are also in the pipeline – a new module of Science for the curious will commence on 10 May.

UMAS for Members login:

<https://u3asunbury.org.au/members/>

Watch this space!



Rosa's Sunbury Heritage talk

Guest Speakers & Events

Term 2 Guest speakers and events program

Thank you to Marlene Cann and her team of volunteers who have organised the following events and guest speakers.

29 April	Welcome Back Event Sunbury Football Club
4 May Starting at 10.30am	Movie Morning Readings Cinema Sunbury, private showing just for Sunbury U3A of the Movie, 'Six Minutes to Midnight'. Ticket cost \$14.00 with lunch to follow at own cost, for those members interested, at Italia restaurant just outside of the cinema.
6 May	Robyn Varley, photographer; Travels of the Camino Trail
13 May	Jane Welsh, Cyber Crime Division, Victoria Police
20 May	Dingo Discovery, Sanctuary Research and Education
26 May	Outing on the Goldfields Railway
30 May	The Mount Players, Too Many Crooks with lunch/dinner

3 June	Marg Joiner, Zoos Victoria volunteer
10 June	Marie Younan, an inspirational woman, who is a non-English speaking/blind/ Syrian refugee and now author and interpreter for Foundation Centre for Survivors of Torture.
17 June	John Marsden, writer, educator and founder of the Candlebark School
22 June	The Mary Quant Exhibition, Bendigo Art Gallery
24 June	End of Term Lunch- details to be confirmed

Contact Marlene Cann for further information at events@u3asunbury.org.au.

Enrol for the Speakers sessions in UMAS for Members: <https://u3asunbury.org.au/members/>

If you have some suggestions for our Speakers and Events team to follow up, contact them at events@u3asunbury.org.au



Athol Guy entertained us on Zoom

Committee & Volunteers

Committee members for 2020-21:

President – Jill Dyson

Secretary – Leigh Martin

Treasurer – Bernadette Young

Assets & Equipment – Beris Cook

Venues Coordination – Ron Choo, Beris Cook

Covid Emergency Contact – Beris Cook

QR Code Coordinator – Ron Choo

The role of Vice President is currently vacant.

THANK YOU

Ann Potter, Webmaster, Gab Tooley, UMAS co-ordinator and Millicent Henry, Memberships Secretary have resigned from their volunteer positions. We thank them for their wonderful support to our members and the organisation.

The following members will continue in their volunteer roles:

Kaye Coates - Courses Coordinator

Marlene Cann – Events Coordinator

New Volunteers Margaret Winchester, Anita Blade, and Linda Burley are currently undergoing training in our website and membership systems and will be assisting our Courses and Events teams in administration of our activities. Gavin Trigg is also assisting the Committee in a project to manage members' Data Privacy and Security. We thank them sincerely for volunteering their time!

Our Committee and Volunteers are crucial to the sustainability of our club. If you would like to offer to volunteer, be it as a Group Leader, a Committee Member, or a valued helper in other ways, we'd love to hear from you!

Collaborations in Progress

Our collaboration with Sunbury Community Health as recipients of a Hume Council COVID-19 Partnership Grant of \$20,000 in 2020 has been highly successful. Sunbury U3A was involved in a Connecting #TogetherSunbury project with Sunbury Community Health and Sunbury Neighbourhood House.

Through this grant we were able to purchase equipment such as iPads, Samsung tablets and mobile data access. We offered three Social Seniors Courses and a Volunteers for Social Seniors Course to our members and other Seniors in the community, the aim being to improve participants' technology skills so they can be more connected with family, friends, and the community. Many of the participants have since joined Sunbury U3A, and we now have over 200 members!

The equipment purchased will be available for use in classes and activities and for loan by participants involved in future technology

programs through Sunbury U3A. The outcomes of this project will be showcased and celebrated at an exhibition in April at the Sunbury Global Learning Centre. Hume Council have indicated that they will support us to use the GLC foyer, and the Library has offered its facilities for a potential launch event.

Other continuing collaborations

The **Building Community Engagement Project** continues together with other U3As in the Northern Metropolitan region. This project aims to build the sustainability of our club through broadening our connections with our key stakeholders and with other like-minded community organisations in the local area.



A happy snap with Melissa from Hume Council

And to cheer us up ...

I was in the McDonald's drive-through this morning, and the young lady behind me leaned on her horn because I was taking too long to place my order. "Take the high road," I thought to myself. So, when I got to the first window, I paid for her order along with my own. The cashier must have told her what I'd done, because as we moved up, she leaned out her window and waved to me and mouthed "thank you" – obviously embarrassed that I had repaid her rudeness with a kindness.

When I got to the second window, I showed them both receipts and took her food too. Now she must go back to the end of the line and start all over.

Don't honk your horn at old people.

Procaffinator- one who puts off tasks until after their first cup of coffee or tea.

Two elderly women were eating breakfast in a restaurant one morning. Ethel noticed something funny about Mabel's ear. She said, "Mabel, did you know you have a suppository in your left ear?" Mabel answered, "I have a suppository?" She pulled it out and stared at it. Then she said, "Ethel, I'm glad you saw this thing. Now I think I know where my hearing aid is."

Instead of the John, I call my bathroom the Jim! That way, it sounds better when I say I go to the Jim first thing every morning!!!

I called the incontinence hotline. They asked, "Can you hold, please?"

Contact Us

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Secretary – Leigh Martin, 0421 604 322

Email – secretary@u3asunbury.org.au

Website: u3asunbury.org.au

Facebook: www.facebook.com/u3asunbury

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